

## 2e. Skills criteria for practical activities

Activity	Restrictions and allowances	Page
Acrobatic gymnastics		36
Amateur boxing		38
Association football	Cannot be five-a-side	39
Athletics		41
Badminton		43
Basketball		44
Blind cricket		45
BMX	Racing only (not trick)	46
Boccia		47
Camogie		48
Canoeing		49
Cricket		50
Cross country running		51
Cycling	Track or road cycling only	52
Dance		53
Diving	Platform diving	55
Equestrian		57
Figure skating		59
Futsal		61
Gaelic football		63
Goalball		65
Golf		66
Gymnastics	Floor routines and apparatus only.	68
Handball		70
Hockey	Must be field hockey	71
Hurling		73
Ice hockey		74
Inline roller hockey		76
Kayaking		78
Lacrosse		79

Activity	Restrictions and allowances	Page
Netball		81
Polybat		82
Powerchair football		83
Rock climbing	Can be indoor or outdoor	84
Rowing		85
Rugby league	Cannot be tag rugby	86
Rugby union	Can be assessed as sevens or fifteen a side. Cannot be tag rugby	87
Sailing	Candidates must be assessed within full competitive situations as the helmsperson in one of the following Royal Yachting Association (RYA) sailing boat classifications:  Individual - single hander <ul style="list-style-type: none"> <li>• ILCA 6 (laser radial)</li> <li>• ICLA 7 (laser standard)</li> </ul> Team - double hander <ul style="list-style-type: none"> <li>• 29ER</li> <li>• 420</li> <li>• Nacra 15</li> </ul>	89
Sculling		91
Skiing	Must take place on snow, can be indoor or outdoor	92
Snowboarding	Must take place on snow, can be indoor or outdoor	93
Squash		94
Swimming	Not synchronised swimming, personal survival or lifesaving	95
Table cricket		96
Table tennis		97
Tennis		98
Trampolining		99
Triathlon	Sprint only	100
Volleyball		102
Water polo		103
Wheelchair basketball		105
Wheelchair rugby		106
Windsurfing	Candidates must be assessed within full competitive situations in one of the following Royal Yachting Association windsurfing classifications: <ul style="list-style-type: none"> <li>• IQ Foil</li> <li>• RS:X 8.5</li> </ul>	108