



## Area News – Physical Education

### What have we been up to?

Just before the Christmas break our Year 2 students visited Bath University. As part of the A Level PE course, we have to learn about National Institutes of Sport and their links to UK Sport, athlete funding, Talent Identification, world class facilities and coaching. We spent the whole day touring the amazing facilities at Bath, seeing where athletes such as double gold medal winner in Skeleton Bobsleigh, Matt Weston, have trained on the specialist Bobsleigh push-start track, meeting current student athletes studying and training at Bath, aspiring to be in future Olympic Games, and learning about potential career paths within Sports Science through working with Jonathan Robinson, lead sports scientist at Bath University.

Technology in Sport is another key aspect we study on the A Level course and getting the chance to experience some of these advancements first hand, was really exciting for students and hopefully inspired many to consider their future options. This includes researching UK Sport Talent Identification programmes, which have discovered athletes such as Matt Weston (who was a Taekwondo and Rugby performer before transferring to Skeleton Bobsleigh) and Helen Glover (Gold medal winning Olympic Rower who previously ran cross-country and played hockey). Hopefully we may see some Huish A Level PE students in an Olympic Games soon!

### Something you can look forward to ...

In June, Year 1 students will be visiting Plymouth Marjon University. The day is aimed at putting theory we learn about on the course into practice, where students will complete a range of tests in the university sports science labs, experience strength, conditioning, prehab and rehab work, conduct biomechanical analysis of performance, and explore socio-cultural themes, such as inclusivity in disability sport and current topical conversations, for example the impact that sports academisation is having on participation at grass-roots level sport.