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huish
30

**FUTURE
SUCCESS**

3 HOURS

12 HOURS

15 HOURS

**TUTORIAL
& EnRICH**

**INDEPENDENT
STUDY**

LESSONS

HUISH 30 GUIDE

BRIDGING THE GAP BETWEEN
SCHOOL, COLLEGE & BEYOND

LEVEL 2

Contents

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Please note, if your young person is considering a level 3 programme, additional information is available in the level 3 guide.

INTRODUCTION

WHAT IS HUISH 30?

Huish 30 is the term used to describe a student's study programme to ensure their future success. Most students have 15 hours in lessons, 3 hours in tutorial/EnRICH and 12 hours allocated to independent study. Studying post-school requires a greater emphasis on independent learning, which helps build self-regulating habits for the future. From the beginning of their learning programme, students will be set a variety of tasks across their subjects to ensure they are adequately prepared for their final assessments.



Tutorial & EnRICH

All students will have a compulsory tutorial. During this time, they will receive key messages, support from their progress tutor & a pastoral curriculum. Read more about this on the Tutorial page.

EnRICH is used to describe extra-curricular activities. We offer a huge range of activities throughout the year (e.g. sports, theatre, music & debating) as well as on college EnRICH days.

Independent study

This describes educational activity undertaken by a student during non-contact hours. Typically, students will be required to complete 4 hours per subject each week. We recommend that students treat college like a full-time job and use the periods they are not in lessons for independent study.

Lessons

This is contact time with a teacher. There is a strong correlation between attendance and achievement. For this reason, attendance to lessons is compulsory. We recommend students book appointments outside of usual lesson time. If a student is absent for any reason, it is their responsibility to contact their teacher for work to catch up during their independent study time.

HOW TO USE THIS GUIDE

Due to the variety of courses on offer at Richard Huish College, we are unable provide 'one-size fits all' approach to Huish 30. For this reason, each subject team has produced a specialised guide to help students and parents/carers. Use the contents page to find the relevant subjects. In each section you will find details on the exam board, Huish 30 (independent study) expectations, resources supplied, recommendations of further resources to support student progress & ideas on how parents/carers can support students.

COLLEGE WIDE

A student's lessons & tutorials will be based on the times in the college timetable (below). We recommend students to complete independent study during periods of time where they do not have lessons using a college study space such as the Learning Centre or the Bridge. The timetable below can be used to plan the integration of lessons, tutorials & independent study to ensure a student is reaching their 30 hours.

Students will be set their independent learning on Microsoft Teams which will allow them to manage their deadlines effectively.

Timings*	Monday	Tuesday	Wednesday	Thursday	Friday
09.00-10.55	1	6	3	4	5
10.55-11.10	Break				
11.10-12.40	2	5	1	2	4
12.40-13.35	LUNCH				
	Briefing Slot 13:15				
13.35-15.05	6	3	2 Lesson finishes 15.30	1	3 Lesson finishes 15.05
15.05-15.10	Transition	Transition		Transition	
15.10-16.40	5	4	Meeting slot 15.40-16.40	6	Team or meeting time 15.20 -16.20

ADVICE FROM THE STUDENT EXECUTIVE

The Student Executive team help to shape the college by sharing student perspectives of life at Huish. They meet regularly to discuss ways to improve the college and share students' point of view. To find out more about the Student Executive, follow this link: [Huish Student Executive](#)

The Student Executive provided the following 5 tips in response to the question: 'What advice would you give a new college student regarding Huish 30?'

1. Get into a habit of doing assignments early Ideally, as soon as possible after the work is set – The information is likely to be fresh in your mind which makes it easier.	2. Utilise the 4-hours per subject revision Sometimes the set homework will not take the full 4 hours. Set yourself additional tasks such as making summary notes, exam questions and looking over previous topics.
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3. Test yourself

Low stakes testing like flashcards can be a good way of focussing your independent study time onto areas that need it.

4. Little & often

It is beneficial to separate your independent study periods into smaller chunks based on subjects & tasks rather than cramming for hours on end.

5. Recommended Apps

- Seneca – Learning & testing
- Anki – Flashcards
- Flora/Forest – Motivation/Time management
- Adapt – Time management
- Gizmo – Flashcards & testing
- YouTube – Topic videos to reinforce learning
- Physics & Maths Tutor – For past papers covering many topic areas (not just Physics & Maths)

EFFECTIVE STUDY TECHNIQUES

Many of the subject guides recommend a quality over quantity approach to independent learning. Some students find that whilst studying independently, they are not entirely confident in their technique.

Tutor2U have reviewed the latest research on student organisation and learning to produce a practical, free, online step-by-step guide to making independent learning more effective. The course is self-paced and covers a variety of topics including: An effective revision environment, the revision mindset, revision myths, planning revision and what 'good' revision looks like. This course has been designed to apply to all students revising for assessments and exams.

For more information or to enrol, visit: [Skills Booster | tutor2u](#)

ADDITIONAL SUPPORT: ACADEMIC

All students are encouraged to develop independent study skills whilst at Huish. However, sometimes, students need some additional support to help them achieve their goals. If a student is struggling across their subjects, our learning support team can arrange group or 1:1 study support outside of lesson. A student can discuss a referral for learning support with their progress tutor or email learningsupport@richuish.ac.uk.

In addition to this, all subject teams run academic tutorial sessions on a weekly basis. These sessions are designed to provide students with subject specialist support. The 30-minute sessions are used differently depending on the department's students' needs and priorities. As an example, they may consist of exam question reviews, extension work, catching up on Huish 30 work and 1 to 1 progress discussions.

ADDITIONAL SUPPORT: WELLBEING

If a student young person requires additional wellbeing support to help them prepare for exams, they can self-refer by emailing: wellbeing@richuish.ac.uk or having a chat with a trusted member of staff. There is also a parent/carer health and wellbeing Padlet page for more information: [Parent/Carer Padlet](#)

COMMUNICATION

This guide has been designed to supplement the existing support that is on offer to your young person. If you have any queries or require additional guidance, please do not hesitate to contact your young person's teacher or progress tutor.

Below are the contact details of the level 2 progress tutor team

Name	Role	Email Address
Dave Parvin	Progress Tutor	davidp@richuish.ac.uk
Erika Eddles	Progress Tutor	erikae@richuish.ac.uk
Justin Knox	Senior Progress Tutor (Level 2)	justink@richuish.ac.uk
Kim Pritchard	Head of Pastoral, School Engagement and Marketing (HOPSE)	kimp@richuish.ac.uk

Tutorial

Huish 30 expectations:

Tutorials are split between delivery of our pastoral curriculum (approx. 30 minutes) and an opportunity for students to develop their independent study skills and work on their Huish 30 (approx. 60 minutes). Topics delivered relate to one of four areas – Health and Wellbeing, Study Skills, Progression and Monitoring and Reflection. Whilst students are studying, tutors will use the opportunity to have focused 1:1 conversations with their tutees.

Huish 30 – topics covered:

- Getting organised and managing time
 - Where and when to study – how to use their time between lessons
 - Study and revision planners
 - Using physical folders and notebooks
 - Using Office 365 – emails, folders
- Studying
 - Understanding their own study habits – What helps them learn and what distracts them
 - Procrastination and prioritisation
 - Study skills and revision methods e.g.,
 - Spaced practice / distributed practice
 - Testing yourself / teaching others
 - Cornell notes
 - Flashcards
 - Blurting / mind maps
 - Folding Frenzy (using dual coding to revise a topic)
 - Power Hour (focused on exam questions and checking answers)
 - Study Apps

Resources supplied:

- Study planners
- Prioritisation worksheet
- Revision timetable

Recommendations & Resources to support student progress:

Use of the Careers and Wellbeing Padlet via the Hub for support with progression and wellbeing.

How parent/carers can help:

- Encourage your young person to plan what work they will bring with them to complete in tutorial
- Encourage and support good routines related to sleep, eating, and exercise, and check they have helpful coping strategies to manage how they might feel
- Check in with your young person about their study and revision plans and when deadlines/ assignments/exams are
- Remind and reassure them that nerves and anxiety around deadlines and exams are normal

Qualification/Subject: Level 2 Business Award	Exam Board: Pearson
Huish 30 expectations: This course is assessed through a combination of assignment-based units and exams. (25% exam based) It is expected students complete 4 hours of independent study per week. For assignment-based units, there are multiple assignment submission dates across the year that will be internally moderated and then externally by the exam board. For the exam-based unit there will be a variety of huish 30 activities set e.g. independent research, videos, quizzes, revision activities, knowledge check questions, completion of past exam questions, calculations.	
Resources supplied: • Microsoft Teams - various PowerPoint and resources uploaded • BTEC First Business text book (held in classrooms and on teams) • Model and formula sheets • Links to websites and video resources • Revision checklists and resources • All submission deadlines will be entered into each student's outlook calendar	
Recommendations: Resources to support student progress: Adequate resources are supplied on teams e.g. PowerPoint, exam questions, links to websites, resources to support students to build knowledge and understanding. BTEC First Business textbook can be loaned from the Learning Centre as well as being available in the classrooms and on teams. Unit revision packs are supplied in class. Helpful websites for Huish30: www.twoteachers.co.uk www.bbc.co.uk/bitesize	
How parent/carer can help: • Ensure your young person is completing the Huish 30 business independent work and attending all lessons. • Support and guide your young person to manage time effectively e.g. achieving a balance between academic work, leisure time, paid work and other personal commitments. • Support according to the needs of your young person. • Communication is important: encourage your young person to monitor and respond to college communication, emails and teams.	

Qualification/Subject: GCSE English Language	Exam Board: AQA
Huish 30 expectations: 2-4 hours a week, activities will include: • Reading extracts • Revising language techniques • Writing fiction and non-fiction tasks • Completing past papers	
Resources supplied: • Revision booklet • Short story booklet • Past Papers on Teams	
Recommendations & Resources to support student progress: • Seneca Learning. • CGP revision booklets. • AQA Spotlight on GCSE Language YouTube Series.	
How parent/carer can help: • Encourage wider reading: novels, short stories, newspapers, magazines. • Monitor Seneca Learning progress. • Read through past paper attempts and encourage students to develop their responses.	

Health & Social Care

Qualification/Subject: Health and Social Care	Exam Board: Pearson
Huish 30 expectations: Complete all tasks set for Huish30 ahead of the deadline given and arrive in college with the finished work. The work set for Huish30 will be foundation learning to be built upon in subsequent lessons, therefore it is crucial that the work is completed. In addition to set tasks, students are expected to maintain their notes in an accessible manner, create revision materials and keep themselves up to date with current affairs in Health and Social Care provision, locally and nationally.	
Resources supplied: • Workbooks • Instagram page • Handouts • Lessons available on Teams • Past papers available on Teams • Online access to textbook	
Recommendations & Resources to support student progress: • Basic stationery – including highlighters • Use of a computer at home (computer access also available in our Learning Centre at college) • Revision guides and workbooks and question cards are available to purchase online and are helpful in preparation for the examined unit: Revise BTEC Health and Social Care: Revision Workbook: for home learning, 2022 and 2023 assessments and exams (BTEC First Health & Social Care) : Pearson: Amazon.co.uk: Books Pearson REVISE BTEC First in Health and Social Care Revision Guide inc online edition - 2023 and 2024 exams and assessments: for home learning, 2022 ... and exams (BTEC First Health & Social Care) : Pearson Education: Amazon.co.uk: Books	
How parent/carer can help: • Motivation • Prompting • Testing • Communication with college if concerned • Support good daily routines eg sleeping, eating, drinking water, taking regular breaks	

Higher Project Qualification

Qualification/Subject: Higher Project Qualification (HPQ)	Exam Board: AQA
Huish 30 expectations: • 4 hours of independent study • Daily checking of Teams to familiarise and make notes of assignments and deadlines. Especially for research project element. • Daily checking of Teams to read any updates from the teacher/course manager. • Good time management skills in meeting deadlines. • Completed work to be of a good standard	
Resources supplied: • Deadlines for the hand in of written project and production log. • Notebooks for keeping up with initial lessons. • PowerPoints with project and research guidance, as well as PowerPoints to introduce students to new subject areas. • All online resources from AQA to support the project. • Free access to online academic journals, historical newspaper articles and up to date research. All of which will contribute to writing top quality projects. • A first-class library (Learning Centre)	
Recommendations & Resources to support student progress: • The nature of the HPQ is that it is a self-guided research project on anything a student has an interest in. Whilst there will be some guidance, the students will be looking for a lot of the resources themselves. • Ensure they have downloaded Microsoft Office onto a home laptop, PC or their phones. This will help them access resources from home where a lot of the study will need to happen. They can borrow laptops from college in necessary.	
How parent/carer can help: • Check in with your young person by asking about their studies/forthcoming deadlines and assessments. • Discuss what they have been learning about in HPQ, especially in the first term (September-December). This is where student will be given introductions to new topic areas like Criminology and Politics. As a result, conversation about their learning will help them to develop ideas for a project. • Develop a routine/system of accountability & praise.	

Qualification/Subject: GCSE Mathematics	Exam Board: Pearson Edexcel
Huish 30 expectations: All students will be given the opportunity to sit the maths exam in November and June. (Though students do not have to do the November sitting) All students will be set the following Huish 30: • Dr Frost paper of the week • Revision topic task set in Dr Frost • On the run up to the exams: Daily challenges This is set EVERY week in Dr Frost AND on Teams. The expectation is that students will “Hand in” their Huish 30 on Teams to indicate completion.	
Resources supplied: • All lessons are available on Teams and Class Notebook • Revision resources and questions available on Dr Frost • Useful information on GCSE Maths SharePoint • From every mock and actual exam all students will be provided a QLA (coloured feedback sheet breaking down every question and linked to Dr Frost).	
Recommendations & Resources to support student progress: • Utilise Dr Frost for independent study using the coloured feedback sheets that students are provided electronically in their Class Notebook. • Exam style questions listed by grade: www.mathsgenie.co.uk/gcse.html • Exam papers with video solutions: www.mathsgenie.co.uk/papers.html • Practise paper covering every topic once: A Bit of Everything Edexcel Foundation (corbettmaths.com)	
How parent/carer can help: • Check in with your young person by asking about their revision plan – develop a routine/system of accountability & praise. • Knowledge testing at home to help your young person with retrieval practice. • Support good daily routines, e.g. sleep, eating, etc. • Check on completion of their Huish 30 • Communicate with the teacher if you require any help or support. If you need any further help, please contact Lois Kerrison: loisk@richuish.ac.uk	

Media

Qualification/Subject: Level 2 Media	Exam Board: Pearson/Edexcel
Huish 30 expectations: The course is 100% coursework, so working independently, working within groups and working consistently are really important. There are multiple unit submission dates across the year that will be internally moderated and then externally verified by the exam board. As each student is creating their own media products (e.g. a website, a music video etc), some weeks will result in doing a lot of hours outside of the normal timetable. For example, filming a documentary may take one-to-two days during a weekend. Students can access all their work at home via OneDrive, so the key Huish 30 tasks are to maintain progress within the PowerPoint portfolios to make sure that each hand-in date is achieved. Staff will give regular verbal feedback to students individually to make sure that progress is being maintained and what specific tasks need to be completed as part of Huish 30.	
Resources supplied: Students have access to OneDrive, so are able to work on their PowerPoint portfolios across different media devices from home. Students also have access Adobe Creative Cloud which they will use for most of their practical work.	
Recommendations & Resources to support student progress: A PC/Mac/Laptop at home to utilise OneDrive is useful (students can also access computers in the Learning Centre). Depending on the specifications of devices at home, it would be desirable (but not strictly necessary) to also run some Adobe software, for example Adobe Premier, so video editing can take place at home.	
How parent/carer can help: Communication is really helpful – knowing when the individual deadlines are and discussing what tasks are left. Plus, the work students create should be celebrated – ask to look at their portfolios and media products they are making.	

Qualification/Subject: GCSE Combined Science	Exam Board: AQA Trilogy
Huish 30 expectations: • Huish 30 homework to be completed for both teachers weekly • A learning mat of activities will be provided and tasks can also be accessed through Teams	
Resources supplied: • Teams / One Note access to lesson resources • Tasks will be assigned on Seneca and Quizlet for completion • A glossary will be provided to support learning the key word vocabulary needed • A learning mat will be handed out in paper form and also accessible on Teams • There are CGP revision guides available to borrow from the LC • Students can also purchase exam workbooks, revision guides and flashcards from the Huish Shop.	
Recommendations: Resources to support student progress: • Revision website GCSE Combined Science - AQA Trilogy - BBC Bitesize • Revision videos Primrose Kitten Academy GCSE & A-Level Revision - YouTube • Past paper questions and revision resources GCSE AQA Combined Science Questions - Revisely	
How parent/carer can help: • Help reminding students to complete their homework weekly will help to get them into a good routine • Providing positive encouragement and reminding your son / daughter why they are doing GCSE science will help to keep them motivated. • Get in touch with their teachers if you think they are struggling to complete homework or if you want us to provide more support with organisation and routine.	

Sociology

Qualification/Subject: GCSE Sociology	Exam Board: AQA
Huish 30 expectations: Activities are set on a regular basis followed by assessments. This is monitored closely, and any concerns are communicated. • 4 hours of independent study • Daily checking of Teams to familiarise, make notes, of assessments and deadlines. • Daily checking of Teams to read any updates from the teacher/course manager. • Good time management skills in meeting deadlines • Completed work to be of a good standard and presented so it can be used for revision	
Resources supplied: • Initial booklet outlining the plan for the year (what will be taught and when). • Course booklets which cover all the topics that will be assessed. • PowerPoints which link up with the booklets. • Learners will be provided with a weekly revision schedule prior to formal assessments which contains revision activities, including exam questions. These are then discussed and covered in more depth in lessons. • Flipped Learning/homework workbooks.	
Recommendations & Resources to support student progress: • Past paper questions: AQA GCSE Sociology Assessment resources • Tutor2U sell revision cards & exam skills workbooks which are highly recommended by previous students and staff: https://www.tutor2u.net/sociology/store/student-revision-support?search=&level=2998&board=2993&sort=recent • Tutor2U also offer free revision videos: https://www.tutor2u.net/sociology/collections	
How parent/carer can help: • Check in with your young person by asking about their studies/forthcoming deadlines and assessments. • Discuss contemporary issues. • Develop a routine/system of accountability & praise. • Knowledge testing at home to help your young person with retrieval practice. • Support good daily routines, e.g. sleep, eating etc.	

Qualification/Subject: L2 Sport	Exam Board: NCFE
Huish 30 expectations: Huish 30 will be set weekly and will aim to explore topics related to all of the coursework based units. Tasks set could be research activities to prepare for sessions or 'bite-sized' chunks of work which will feed into the larger project-based assignments. The tasks will be set each week and have a clear deadline and will either be submitted on Teams or paper copy.	
Resources supplied: • All worksheets are available on Teams • Students will have access to Microsoft 365 so can access work from anywhere when online.	
Recommendations: Resources to support student progress: Students will have some access to computers in college. However, a suitable device with an internet connection to support working from home is very useful.	
How parent/carer can help: • Check in with your young person by asking about their current coursework deadlines and Huish 30 tasks for the week – develop a routine/system of accountability & praise • Support good daily routines, e.g. sleep, eating etc.	

WEEKLY PLANNER							
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00-8.00							
8.00-9.00							
9.00-10.00							
10.00-11.00							
11.00-12.00							
12.00-1.00							
1.00-2.00							
2.00-3.00							
3.00-4.00							
4.00-5.00							
5.00-6.00							
6.00-7.00							
7.00-8.00							

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REVISION IDEAS

Three common revision techniques that are **LEAST** effective for revision are: Highlighting texts, re-reading & summarising text. Whilst these methods may make a student feel that they are revising, there are better methods that can help them revise more effectively.

Flashcards: Simply create with questions on one side and answers on the other side. You can colour code for specific topics and quiz yourself or others. Using flashcards: Using the Leitner Method, using the video below https://youtu.be/C20EvKtdJwQ. You can also create excellent flashcards online or on your phone using Quizlet which also has an app.	Retrieval practice: Testing what you know is a powerful tool in revision, the effort to remember something really strengthens your memory. Apps such as Memrise and Quizlet allow you to use or create your own quizzes based on topics. Create them, test yourself or get someone to test you, it's works!	Transform it: Graphic organisers are a great way of 'transforming' your notes/information into visual revision topics. They can be used to create links, show a narrative, identify the causes/ consequences and importance of something. For example, creating a mindmap or Venn diagram.	Cornell method: This method can be used in your revision as a great method to get you to 'think' about your revision. Simply split your page into 3 sections: • Note Taking • Cues • Summary How To Take Cornell Notes Properly (Video) - YouTube
Interleaving & Spacing: Don't revise your all topics in one go (cramming), you should revise 'chunks' of a topic for small amounts of time (15 minutes) and then move onto another 'chunk' from a different topic. This will improve your memory!	What I know: Spend some time before your revision to record what you already know. This could be in the form of a brainstorm or a mind map or list etc. As you read through your notes and revise, check what you thought you knew. Are there things you have forgotten? If so, add them in. Are there things that aren't right? If so, correct them.	Teach it: Take a topic and prepare to teach it to a friend. Put yourself in the position of the teacher, think about how your friend learns best and decide how you could do it. Plan it and then, if possible, teach it to your friend.	Games: Make revision fun! Some ideas: • Create gap fill exercises • Q&A cards to test each other • Make up a card game to test your knowledge about a topic • Use guessing games such as Pictionary, scrabble & Taboo. Change the rules so that you can only use words that are linked to the topic you are learning.

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